

Stand Up for Girls 2016 – Small Group/Individual Packet



On the International Day of the Girl on October 11, 2016, communities around the world host events to celebrate girls and raise awareness about the unique strengths and challenges of girls globally. We can all take action to honor the stories of girls and inspire individuals, schools and communities worldwide to join LitWorld and Global G.L.O.W.'s HerStory Campaign and the Stand Up for Girls movement. This activity packet has ideas for planning and leading your Stand Up for Girls celebration. Share your celebration and the stories of girls and women in your community with LitWorld and Global G.L.O.W. to be included in social media and website posts about Stand Up for Girls around the world.

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WHY WE STAND UP FOR GIRLS

507 million women and girls worldwide cannot read and write.

Stand Up for Girls mobilizes people of all genders, from all corners of the world, to advocate for a girl's right to share her story and change the world. By learning to read, write, and share stories, girls understand that *their* words have the power to create monumental change at the community and international level.

The HerStory Campaign was created and led by two nonprofit organizations, LitWorld and Global G.L.O.W., and works to amplify the powerful stories of women and girls in their communities and around the world. On October 11th, the annual United Nations International Day of the Girl, we invite you to Stand Up and join our global community as we take action, highlighting the stories of girls from the world's most marginalized communities. By listening to girls' own stories and acting on them, we can build a better world together.

At our 2016 Stand Up for Girls event, we will celebrate our strengths by standing up for women and girls around the world who inspire us to be strong.

WARM-UP REFLECTION: Why Do We Stand Up for Girls?

As we celebrate the International Day of the Girl, we reflect on the daily lives of girls and consider the challenges women and girls face around the world. As global citizens we can work together to create a world that is fairer, happier, and safer for all people, men and women, boys and girls. Read **Why We Stand Up for Girls** and the **Global Facts** sheet with your classroom. Use these discussion questions to start a conversation with your students about the lives of girls in communities around the world and encourage them to Stand Up for gender equity and access to education for all!

Discussion Questions:

1. Why is it important to Stand Up for Girls?
2. Why is it important to celebrate the stories of women and girls?
3. What is one way your family, school or community can support girls and women in the future?
4. If you could tell the world one story of a girl or woman, whose story would it be and why?

STAND UP FOR GIRLS ACTIVITIES OVERVIEW

A Day in the Life - Dawn, Noon, Dusk

In the “A Day in the Life” activity, you and your group will reflect on your daily life and the things you do, see, hear, and think about at the beginning, middle, and end of the day.

Sometimes it can be hard to tell your story or even know where to start. “A Day in the Life” will be a guide to uncovering the stories within your daily life and sharing them with the world, illuminating the things - big and small - that you do, see, and feel throughout the day.

In this activity you will create a collection of writing and images to represent the story of your daily life and what most inspires you. You will look back on your story and think about the ways your daily life is shaped by the inspirational women and girls around you. Then you will be invited to choose a word that represents how you are inspired by or inspire others, each day.

You can share your special, illuminated word with friends, your community, and with the world, by connecting to the HerStory community celebrating on social media.

Stand Up at Noon

When you are planning how you and your group at home or in your office will participate in Stand Up for Girls, you can include time to show your support for girls all around the world.

A few minutes before noon on the day of your celebration, you can stand together in a circle for a moment of support. As noon approaches, have everyone begin to cheer. Start the cheer quietly and build volume as you get closer to 12:00 pm. Alternatively, you can also have a moment of silence at noon.

After you are done cheering or with your moment of silence, you can thank everyone for sharing in this moment with women and girls around the world. This is also a nice way to end your celebration of the day.

A Day in the Life Activities - Dawn, Noon, and Dusk

In this activity, you will think about the people, places, and objects that matter most to you at the beginning, middle and end of your days. With these images and writing, you will create the story of a day in your life and reflect on the women and girls who influence and inspire you. You will also share your words of inspiration with the global HerStory community on social media.

Recommended Materials:

1. "A Day in the Life" printed worksheets
2. Pencils, markers, colored pencils, and/or crayons
3. Optional: collage materials such as newspapers, magazines, recycled papers, photos, glue, scissors (anything that you want to use!)

Directions:

1. **Introduce the Day in the Life activity** and share how you will think about your daily life and the women and girls who inspire you each day. You will be thinking about your day at dawn, noon and dusk.
2. **Answer the questions in the Day in the Life worksheet.** You can answer in any way you like, in writing, with bulleted notes or with drawings. Add as much detail as possible about what you are doing, seeing, and hearing at dawn, noon, and dusk. Take some time to also think about the women and girls who influence and inspire you throughout the day.
3. **When you finish the worksheet, use the Day in the Life frame to make a drawing or collage that shows the important people, places and objects in your day.** You can include as much of the writing and drawing from your worksheet as you want. Try to include the women and girls who influence and inspire you in some way in your drawing or collage.
4. When you finish, think about your day overall and the women and girls who influence and inspire you in big and small ways. Using the prompt, "Inspired by my..." choose a word that completes the sentence and represents what inspires you most each day.
5. If you have time, **write your inspirational word** using sharpies or markers on a piece of paper or plastic. Get creative in how you choose and represent your word!
6. If you are in a group, when everyone has their word chosen, share your word, what it means to you and how you chose it with a partner or in a small group. You can also share and talk about your Day in the Life art and writing pieces.

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7. Then, have a **whole group discussion about** the activity and how we are inspired by and can inspire others each day. Use these Discussion Questions to get the conversation started:

- *What was it like for you to think about your own daily life in this way?*
- *Was there anything that surprised you about your writing or artwork?*
- *What was it like for you to hear about others' daily lives?*
- *Why is sharing your own story in your own words so important?*
- *How do you think the world would be different if we listened to girls' stories?*
- *How can we make sure girls' stories are heard and respected?*

If there is extra time...

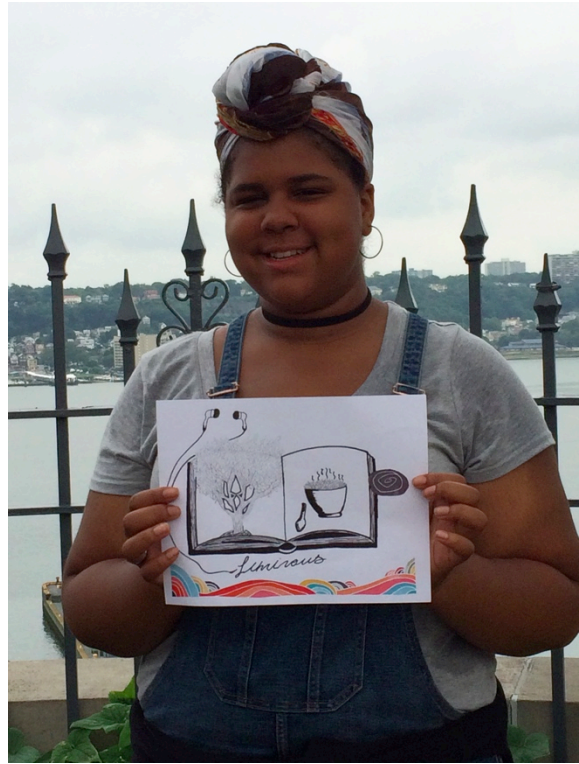
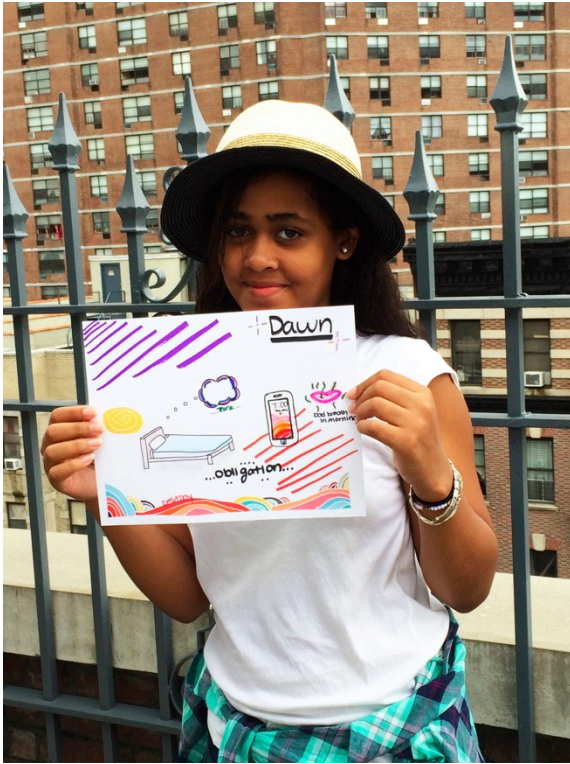
Take a photo of your word to share on social media, using the prompt: "Inspired by my..."

Think about where the light is and how it affects the strength of your word in the image. You can also consider what part of your environment is included in the photo, or if you want to be in the photo with your word too. The more creative and meaningful the photo is for you, the better!

Post photos on social media at noon tagging LitWorld and Global G.L.O.W. and using the hashtags: #StandUp4Girls #HerStoryCampaign and #InspiredByMy. You can also view photos posted by others around the world celebrating Stand Up for Girls.

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Examples:



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STAND UP FOR GIRLS SOCIAL MEDIA GUIDE

The HerStory campaign uses social media to broadcast and share our actions with the rest of the world. The different social media platforms we will use on this day are: Facebook, Twitter, Instagram, and blogs on the LitWorld and Global G.L.O.W. websites. If you do not have access to these social media options, do not worry, you can send your contributions to LitWorld by email or WhatsApp and we will include them in Stand Up for Girls posts!

We encourage you to take photos as you go through the activities in this packet, and post images of your Stand Up for Girls celebration to social media.

Social Media Prompt: Inspired by my... #InspiredByMy

Goal:

In honor of Stand Up for Girls, LitWorld is asking people to share something about themselves or a woman in their lives that inspires them. Fill in the prompt on the following page with something about yourself or another woman or girl that inspires you and post photos of your response on social media. You can choose to include yourself, your environment, or only your responses in the photo.

Directions:

- Fill in the “Inspired by my...” prompt.
- Take a photo of your response and post it on Facebook, Twitter and/or Instagram
- Tag LitWorld and Global Girls Leading Our World on Facebook
- Tag @litworldsays and @globalgirlsglow on Twitter and @litworld and @global_glow on Instagram
- Use the hashtags #InspiredByMy, #StandUp4Girls, and #HerStoryCampaign in the caption

Remember:

1. Please tag LitWorld on all social media sites, in all of the pictures and videos you share.
2. On Twitter, start your tweet with #InspiredByMy and add #StandUp4Girls and #HerStoryCampaign to the end of your post.
3. On Instagram, use the hashtags #InspiredByMy, #StandUp4Girls, and #HerStoryCampaign for all of your posts.
4. For any other sites or blog posts, add a link to the LitWorld website and Facebook page.

Sample Responses:

- #InspiredByMy strength. #StandUp4Girls #HerStoryCampaign
- #InspiredByMy mother. #StandUp4Girls #HerStoryCampaign
- #InspiredByMy voice. #StandUp4Girls #HerStoryCampaign

Social Media Profiles

Facebook: <http://facebook.com/LitWorld>

Twitter: <http://twitter.com/litworldsays>

Instagram: <http://instagram.com/litworld>

<http://facebook.com/GlobalGirlsGLOW>

<http://twitter.com/GlobalGirlsGLOW>

http://instagram.com/Global_GLOW

Inspired by my...

Appendix

Global Facts About Girls, Literacy, and Education

Use these facts to lead a discussion about the importance of global girls' literacy and education.

- In most developing countries, fewer than 50 % of girls complete primary school (UNESCO).
- One extra year of primary school education for girls, can increase future wages by 10 to 20 %, and an extra year of secondary school increases future wages by 15 to 25 % (US Dept. of State).
- When you educate a girl she will earn up to 25 % more and reinvest 90 % of her income in her family (CAMFED).
- Children of educated mothers are twice as likely to survive past the age of five (UN Girls' Education Initiative).
- In underdeveloped countries, one in every three girls is married before reaching the age of 18. In a region where a girl receives seven or more years of education, the wedding date is delayed by four years (UNPD).
- A girl who completes primary school is three times less likely to contract HIV (World Bank).
- A 63-country study by the International Food Policy Research Institute found that expanded female education resulted in better farming practices, which contributed to about 40 % of the decline in malnutrition from 1970 to 1995 (US Dept. of State).

A Day in the Life Worksheet

	Dawn	Noon	Dusk
Who are you with?			
What are you doing?			
What are you seeing?			
What are you hearing?			
What are you thinking about?			
What is important to you at this time of day? Why?			
How do women and girls inspire you at this time of day?			

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लड़कियों के लिए, लड़कियों के साथ, अपनी आवाज़ उठाओ।

Kanpe poi tifi

لڑکیوں کے لئے کھڑے ہوں

Kuimililako
ba sikana

Tumindig
para sa
kababaihan

Défondons
les filles

Stand
UP
for
Girls

Haguruka
kubw'abakobwa

为女性的
权益加油

Todos por
las niñas

Yimilira
ku Iwa
Bawala

Ukwimininako
abakashana

Com as
meninas

10.11.16

#standup4girls

LitWorld

litworld.org

Thank
you
for Standing
UP
for
Girls

Certificate Presented to:

You took action in LitWorld's
Stand Up for Girls campaign
for the International Day
of the Girl 2016.

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litworld.org